

# BUNDI

**A TASTE OF ADVENTURE**

*Bundi River Adventurers*

CK: 1989/029121/23

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## HOW IT WORKS

On arrival, you will be allocated a dry barrel (approximately 60 litres) for your dry items (clothes and sleeping gear) as well as a cooler box (capacity of 52 cans). The barrel and cooler box is shared by two people.

### **How to pack your shared barrel:**

You have dry clothes and wet clothes. The dry clothes are for the nights and they go into your barrel.

First, you line the barrel with a garbage bag for waterproofing. Then you add both your sleeping bags (loose) into the bottom and above this your dry clothes. Normally, you wear the same clothes every night and only change your "undies".

The wet clothes are to raft and swim with. This will almost dry overnight and be ready to wear the next day. **DO NOT BRING TOO MANY CLOTHES!** You only need clean clothes to drive home. These you can leave at base camp.

Please ensure that you have a minimum 2 litres of beverages per day. You can keep a 5-litre bottle of water outside your cooler box. Then you have a 1-litre bottle inside your cooler box to be refilled with the water from the 5-litre can however often you choose.

Please note that if you decide to bring alcoholic drinks with it must be in cans, plastic or box containers, as glass is not allowed on the river.

Please note that ice is a commodity on the river. The colder your drinks are on arrival, the longer your drinks will stay cold. This is often very difficult for people coming from far. We suggest that you freeze some of your drinks before you arrive at camp. Then place your frozen drinks in the cooler box.

Your camping gear, such as a tent and chairs, can be tightly fastened to your croc. Please keep in mind that the bigger the tent and chair the heavier the load on your croc. We recommend a small 2/3 man tent be brought along and only a chair if necessary as you can use your cooler box as a chair.



# ORANGE RIVER – THINGS TO TAKE NOTE OF & KIT LIST

## IMPORTANT NUMBERS

Bundi Office (SA): +27 (0) 21 975 9727, after hours +27 (0) 82 083 1886 (Anrika)

Bundi Orange River Base Camp (Nam): +264 (0) 63 297 254

## PASSPORTS (travelling from outside Namibia)

- SA passport holders don't need a visa when crossing the border and no one will be allowed across without a valid passport. Passport that is valid for at least six months after the date of exit.

## VERY IMPORTANT:

- All children **under the age of 18** need an **Unabridged Birth Certificate** to cross the border. For more info regarding the unabridged birth certificate please click on the following link: <http://www.travelstart.co.za/lp/travel-tips/unabridged-birth-certificate-for-minors>

## VEHICLE (travelling from outside Namibia)

- Valid driver's license, vehicle registration documents and country sticker. (ZA for South African cars)

## HEALTH

- No vaccinations or malaria prophylactics are presently required.

## WEATHER

- If you want to keep an eye on the weather for your trip, go to the following link for a forecast: <http://www.yr.no/place/Namibia/Karas/Noordoewer/>

## PACKING LIST *(Please use it as a packing guideline)*

- Anorak / Wind-breaker
- Shorts
- T-shirts
- Cap or wide brimmed hat (to keep the sun off) / woollen hat or beanie (winter nights)
- Tracksuit (winter nights)
- Long-sleeved shirt with collar (to keep the sun off)
- Wet and dry shoes (strops or floppies or sandals are the best, then you only need one pair)
- Closed shoes for the river
- Sleeping bag & pillow
- Ground sheet / inflatable mattress
- Towel, Sarong & swim wear – costume.
- Tent - lightweight (not optional - due to possible wind/insects etc.)
- Folding Chairs (Optional)
- Ropes/Straps (to tie extras to boat) (Optional)
- Beach Umbrella (Optional)
- Gloves (Optional)
- Plastic mayonnaise/peanut butter jar that you can use as a waterproof container in your coolerbox
- Cutlery & Crockery: plate, bowl, mug, knife, fork, spoon & teaspoon

## ACCESSORIES

Camera | binoculars | torch with batteries or headlamp (this works best) | sunscreen | lip-ice | sunglasses (must have a strap) | personal medication | insect repellent | minimal toiletries – biodegradable soap (please don't harm the desert) | toilet paper | 5 garbage bags for waterproofing | zip lock bags for personal items

*\*Certain times of the year the mosquitoes are very bothersome at camp, so please make necessary provision for this. (Peaceful Sleep spray works best)*

## BEVERAGES & SNACKS

There is no drinkable water at the base camp or on the river. Please pack at least 2 litres of bottled water / non-alcoholic beverages per day. It is recommended that you freeze some of your water, so that it will be defrosted but still cold towards the end of your trip.

Snacks for the river: dried fruit, biltong, dry sausage, peanuts, bars of chocolate, super C and jelly babies.

## OPTIONAL EXTRAS FOR FUN

Fishing rod, games, cards, frisbee, bats and balls or cricket bat.

# MENU - 5 day trip

**Arrival supper at base camp** – Braai (tjops and sausage), Greek salad and garlic bread

Day 1 on River	<b>At base camp -</b> Cereal, coffee, tea, rusks, yogurt and fruit	Hot dogs, cheese, tomato and onions	Chicken potjie and rice
Day 2 on River	Scrambled eggs, bacon, toast and tomato	Cheeses, avo, onions, tomatoes and bread	Roast leg of lamb, leg of pork, chicken, baby potatoes and butternut
Day 3 on River	Muesli and yogurt	Assorted cold meats and bread	Spaghetti Bolognaise
Day 4 on River	Hash (tomato and onion), russians	Hamburgers	Fish potjie and rice
Day 5 on River	Muesli and yogurt	Tuna salad	<b>At base camp -</b> Steak braai, potatoes, butternut and apple crumble

**Departure breakfast at base camp** - Cereal, coffee, tea, rusks, yogurt and fruit