



Bundi River Adventurers

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ORANGE RIVER - THINGS TO TAKE NOTE OF & KIT LIST

IMPORTANT NUMBERS

Bundi Office (SA): +27 (0) 21 975 9727, after hours +27 (0) 71 371 9968 (Anrika)

Bundi Orange River Base Camp (Nam): +264 (0) 63 297 254

PASSPORTS (travelling from outside Namibia)

- SA passport holders don't need a visa when crossing the border and no one will be allowed across without a valid passport. Passport that is valid for at least six months after the date of exit.
- **VERY IMPORTANT:** All children **under the age of 18** needs an **Unabridged Birth Certificate** to cross the border. For more info regarding the unabridged birth certificate please click on the following link:
<http://www.travelstart.co.za/lp/travel-tips/unabridged-birth-certificate-for-minors>

VEHICLE (travelling from outside Namibia)

Valid drivers license and country sticker. (ZA for South African cars)

HEALTH

No vaccinations or malaria prophylactics are presently required.

WEATHER

If you want to keep an eye on the weather for your trip, go to the following link for a forecast:

<http://www.yr.no/place/Namibia/Karas/Noordoewer/>

PACKING LIST (Please use it as a packing guideline)

- Anorak / Wind-breaker
- Shorts
- T-shirts
- Cap or wide brimmed hat (to keep the sun off) / woollen hat or beanie (winter nights)
- Tracksuit (winter nights)
- Long-sleeved shirt with collar (to keep the sun off)
- Wet and dry shoes (strops or floppies or sandals are the best, then you only need one pair)
- Closed shoes for the river
- Sleeping bag & pillow
- Ground sheet / inflatable mattress
- Sarong (very useful for keeping the sun off)
- Towel & swim wear – costume.
- Tent - lightweight (not optional - due to possible wind/insects etc.)
- Folding Chairs (Optional)
- Ropes/Straps (to tie extras to boat) (Optional)
- Plastic mayonnaise/peanut butter jar that you can use as a waterproof container in your coolerbox
- A waterproof holder for your passport as you have to take it with you on the river (e.g. a Ziploc bag)

ACCESSORIES

Camera | torch with batteries or headlamp (this works best) | plate | mug | knife | fork | spoon | sun-screen | lip-ice | sunglasses (must have a strap) | personal medication | insect repellent | minimal toilet-ries – biodegradable soap (please don't harm the desert) & toilet paper | 5 garbage bags for water-proofing | zip lock bags for personal items

**Certain times of the year the mosquitoes are very bothersome at camp, so please make necessary provision for this. (Peaceful Sleep spray works best)*

BEVERAGES & SNACKS

There is no drinkable water at the base camp or on the river. Please pack at least 2 litres of bottled water / non-alcoholic beverages per day. It is advised that you freeze some of your water, so that it will be defrosted but still cold towards the end of your trip.

Snacks for the river: dried fruit, biltong, dry sausage, peanuts, bars of chocolate, super C and jelly babies.

OPTIONAL EXTRAS FOR FUN

Fishing rod, games, cards, frisbee, bats and balls, cricket bat.

HOW IT WORKS

On arrival, you will be allocated with a barrel (approx. 60 litres) for your clothes and cooler box (capacity of 52 cans). The barrel and cooler box is shared by two people.

How to pack your shared barrel

You have dry clothes and wet clothes. The dry clothes are for the nights and they go into your barrel.

First, you line the barrel with a garbage bag for waterproofing. Then you add both your sleeping bags (loose) into the bottom and above this your dry clothes. Normally, you wear the same clothes every night, changing only your "undies".

The wet clothes are to raft and swim with. This will almost dry overnight and be ready to wear the next day. **DO NOT BRING TOO MANY CLOTHES!** You only need clean clothes to drive home. These you leave at base camp.

Please ensure that you have a minimum 2 litres of beverages per day. You can keep a 5-litre can of water outside your cooler box.

Then you have a 1-litre bottle inside your cooler to be refilled with the water from the 5-litre can.

Please note that ice, is a commodity on the river. The colder your drinks are with arrival, the longer your drinks will stay cold. We suggest that you freeze some of your drinks before you arrive at camp. Then place your frozen drinks into the cooler box. (This is often very difficult for people coming from far.)

MENU - 3 day trip

Arrival supper at base camp – Braai (tjops and sausage), Greek salad and garlic bread

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| Day 1 on River | At base camp - Cereal, coffee, tea, rusks, yogurt and fruit | Hot dogs, cheese, to- mato and onions | Chicken potjie and rice |
| Day 2 on River | Scrambled eggs, ba- con, toast and tomato | Cheeses, avo, onions, tomatoes and bread | Spaghetti Bolognaise |
| Day 3 on River | Hash (tomato and on- ion), russians | Tuna salad | At base camp - Steak braai, potatoes, butternut and apple crumble |

Departure breakfast at base camp - Cereal, coffee, tea, rusks, yogurt and fruit